## OFFICERS IN CHARGE OF AN ENGINEERING WATCH

A/A	Course type	Course title		Total Hours			
		A' Semester					
1.	1. Compulsory Maintain a Safe Engineering Watch						
2.	Compulsory	Use English in Written and Oral Form	1.2	20			
3.	Compulsory	Use Internal Communication Systems	1.3	5			
4.	Compulsory	Ensure Compliance with Pollution Prevention Requirements	4.1	27			
5.	Compulsory	ompulsory Monitor and Control Compliance with Legislative Requirements		25			
6.	Compulsory	ulsory Contribute to Safety of Personnel and Ship (syllabus as approved by the Administration of the Republic of Cyprus for the already accredited Basic Safety Training Course)		50			
7.	Compulsory	Basic Engineering Science		50			
8.	Compulsory	Mathematics	Add.2	100			
9.	Compulsory	Thermodynamics	Add.3	36			
10.	Compulsory	Mechanical Science	Add.4	60			
11.	Compulsory	Industrial Chemistry	Add.5	45			
12.	Compulsory	Computer Applications	Add.6	20			
Sectio	L ons 1.1 and 1.3	are considered as one in terms of assessment and calculation of absences B' Semester					

1.	Compulsory	Operate Main and Auxiliary Machinery and Associated Control Systems	1.4	255
2.	Compulsory	Operate Fuel, Lubrication, ballast and Other Pumping Systems and Associated Control Systems	1.5	40
3.	Compulsory	Operate Electrical, Electronic and Control Systems	2.1	140
4.	Compulsory	3.1	92	
		C' Semester		
1.	Compulsory	4-6 months of Approved on Board Training		
		D' Semester		
1.	Compulsory	Operate Main and Auxiliary Machinery and Associated Control Systems	1.4	255
2.	Compulsory	Operate Electrical, Electronic and Control Systems		140
3.	Compulsory	Maintenance and Repair of Shipboard Machinery and Equipment		109
4.	Compulsory	Application of Leadership and Teamworking Skills (as per IMO Model Course 1.39)		20
6.	Elective	Risk Assessment	E1	6
7.	Elective	Incident Investigation	E2	6
8.	Elective	Recognizing Signs of Mental Health Issues	E3	8
9.	Elective	Cultural Awareness	E4	6
10.	Elective	Prevention of Sexual Harassment	E5	6
11.	Elective	Resilience	E6	8
12.	Elective	Cyber Security	E7	8

		E' Semester		
1.	Compulsory	Maintenance and Repair of Electrical and Electronic Equipment	2.2	120
2.	Compulsory	Appropriate Use of Hand Tools, Machine Tools and Measuring Instruments for Fabrication and Repair on Board	3.1	92
3.	Compulsory	Maintenance and Repair of Shipboard Machinery and Equipment	3.2	109
4.	Compulsory	Maintain the Seaworthiness of the Ship	4.2	107
5.	Compulsory	Prevent, Control and Fight Fires on Board (syllabus as approved by the Administration of the Republic of Cyprus for the already accredited Advanced Training in Fire Fighting Course)	4.3	25
6.	Compulsory	Operate Life-Saving Appliances (syllabus as approved by the Administration of the Republic of Cyprus for the already accredited Proficiency in Survival Craft and Rescue Boats other than Fast Rescue Boats Course)	4.4	25
7.	Compulsory	Apply Medical First Aid on Board Ship (syllabus as approved by the Administration of the Republic of Cyprus for the already accredited Medical First Aid Course)	4.5	20
8.	Elective	Risk Assessment	E1	6
9.	Elective	Incident Investigation	E2	6
10.	Elective	Recognizing Signs of Mental Health Issues	E3	8
11.	Elective	Cultural Awareness	E4	6
12.	Elective	Prevention of Sexual Harassment	E5	6
13.	Elective	Resilience	E6	8

14.	14. Elective Cyber Security								
Two e	Two elective courses must be selected by each student during the semester								
	F' Semester								
1.	1.     Compulsory     6-8 months of Approved on Board Training								

## A. Course Description

Course title	Maintain a Safe Engineering Watch					
Course code	1.1					
Course type	Compulsory					
Year / Semester	1 <sup>st</sup> Year / Semester 1					
ECTS	2 Lectures / week 10 Laboratories / week					
Course purpose and objectives	<ul> <li>Thorough knowledge of Principles to be observed in keeping an engineering watch including:         <ul> <li>Duties associated with taking over and accepting the watch</li> <li>Routine duties undertaken during a watch</li> <li>Maintenance of the machinery space logs and the significance of the readings taken</li> <li>Duties associated with handing over a watch</li> </ul> </li> <li>Safety and emergency procedures; change-over of remote/automatic to local control of all systems</li> <li>Safety precautions to be observed during a watch and immediate actions to be taken in the event of fire or accident, with particular reference to oil systems</li> <li>Engine-room resource management         <ul> <li>Knowledge of engine-room resource management principles, including:             <ul> <li>Allocation, assignment and prioritization of resources</li> <li>Effective communication</li> <li>Assertiveness and leadership</li> <li>Obtaining and maintaining situational awareness</li> <li>Consideration of team experience</li> </ul> </li> </ul></li></ul>					
Act in accordance with the minimum standards of the International C on Standards of Training, Certification and Watchkeeping for Seafare and the corresponding Code, as amended, for engineer officers on se vessels; and hereby comply with STCW standards at operational leveLearning outcomesThe conduct, handover and relief of the watch conforms with 						

	<ul> <li>Resources are allocated and assigned as needed in correct priority to perform necessary tasks</li> <li>Communication is clearly and unambiguously given and received</li> <li>Questionable decisions and/or actions result in appropriate challenge and response</li> <li>Effective leadership behaviours are identified</li> <li>Team member(s) share accurate understanding of current and predicted engine-room and associated systems state, and of external environment</li> </ul>				
Prerequisites	None	Required	None		
Course content	<ul> <li>Thorough knowledge of principles to be observed in keeping an engineering watch</li> <li>Safety and emergency procedures</li> <li>Safety precautions to be observed during a watch and immediate actions be taken</li> <li>Engine-room resource management (ERM)</li> </ul>				
Teaching methodology	Lecture with practical applications				
Bibliography	Greek: Διαχείριση Πόρων Μηχανοστασίου – English: Engine Room Resource Management				
Assessment	Written exam				
Language	Greek and English				

Course title	Use Englis	Use English in Written and Oral Form				
Course code	1.2					
Course type	20 Hours Compulsory – 568 Hours Optional					
Year / Semester	1 <sup>st</sup> Year /	Semester 1				
ECTS	2	Lectures / week	10	Laboratories / week		

Course purpose and objectives	<ul> <li>Adequate knowledge of the English language to enable the officer to use engineering publications and to perform engineering duties</li> </ul>				
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>English language publications relevant to engineering duties are correctly interpreted</li> <li>Communications are clear and understood</li> </ul>				
Prerequisites	None Required	None			
Course content	<ul> <li>Use English in written and oral form to:         <ul> <li>Perform the officers' duties</li> <li>Use general maritime vocabulary</li> <li>Use marine technical terminology</li> <li>Use manufacturers' manuals</li> <li>Use shipboard drawings</li> <li>Use other engineering publications</li> </ul> </li> </ul>				
Teaching methodology	Lecture				
Bibliography	Greek: IMO - Τυποποιημένες Ναυτικές Φράσεις Επικοινωνίας – 2 <sup>nd</sup> Edition, 2005 – Ίδρυμα Ευγενίδου English Grammar for the Merchant Marine Academies Part 1 – 1 <sup>st</sup> Edition, 2003 – Ίδρυμα Ευγενίδου English Grammar for the Merchant Marine Academies Part 2 – 1 <sup>st</sup> Edition, 2004 – Ίδρυμα Ευγενίδου English Grammar for the Merchant Marine Academies Part 3 – 1 <sup>st</sup> Edition, 2005 – Ίδρυμα Ευγενίδου English: Maritime English for Candidate Officers in charge of an Engineering Watch - for Semester 1				
Assessment	Written exam				

Language Greek and English
----------------------------

Course title	Use Inter	Use Internal Communication Systems					
Course code	1.3						
Course type	Compulso	bry					
Year / Semester	1 <sup>st</sup> Year /	1 <sup>st</sup> Year / Semester 1					
ECTS	0.5	0.5 Lectures / week 5 Laboratories / week					
Course purpose and objectives	• Op	peration of all internal com	imunicatic	on systems on board			
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Transmission and reception of messages are consistently successful</li> <li>Communication records are complete, accurate and comply with statutory requirements</li> </ul>						
Prerequisites	None		Require	d None			
Course content	<ul> <li>Importance of communicating effectively in all circumstances</li> <li>Importance of orders, instructions, reports and exchange of information being clear, accurate and concise</li> <li>Importance of using accepted marine terminology, and proper methods are employed</li> <li>Importance of chief and second engineer being kept informed as required</li> <li>Importance of the bridge being informed and consulted as required</li> </ul>						
Teaching methodology	Lecture with practical applications						
Bibliography	English:	η Πόρων Μηχανοστασίου pom Resource Managemen			ing Centre		

Assessment	Written exam
Language	Greek and English

Course title	Operate Main and Auxiliary Machinery and Associated Control Systems						
Course code	1.4						
Course type	Compulso	pry					
Year / Semester	1 <sup>st</sup> , 2 <sup>nd</sup> Ye	1 <sup>st</sup> , 2 <sup>nd</sup> Year / Semesters 2, 4					
ECTS	30	BO         Lectures / week         15         Laboratories / week					
Course purpose and objectives	<ul> <li>Sa</li> <li>Production</li> </ul>	<ul> <li>Basic construction and operation principles of machinery systems, including:         <ul> <li>Marine diesel engine</li> <li>Marine steam turbine</li> <li>Marine gas turbine</li> <li>Marine boiler</li> <li>Shafting installations, including propeller</li> <li>Other auxiliaries, including various pumps, air compressor, purifier, fresh water generator, heat exchanger, refrigeration, al conditioning and ventilation systems</li> <li>Steering gear</li> <li>Automatic control systems</li> <li>Fluid flow and characteristics of lubricating oil, fuel oil and cooli systems</li> <li>Deck machinery</li> </ul> </li> <li>Safety and emergency procedures for operation of propulsion plant machinery, including control systems</li> </ul>					
Learning outcomes	on Standa and the co	ventilation systems Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.					

	• The caraction	<ul> <li>Construction and operating mechanisms can be understood and explained with drawings/instructions</li> <li>Operations are planned and carried out in accordance with operating manuals, established rules and procedures to ensure safety of operations and avoid pollution of the marine environment</li> <li>Deviations from the norm are promptly identified</li> <li>The output of plant and engineering systems consistently meets requirements, including bridge orders relating to changes in speed and direction</li> <li>The causes of machinery malfunctions are promptly identified, and actions are designed to ensure the overall safety of the ship and the plant, having regard to the prevailing circumstances and conditions</li> </ul>		
Prerequisites	None		Required	None
Course content	<ul> <li></li> <li><th colspan="2">plant, having regard to the prevailing circumstances and conditions         Required       None         Basic construction and operational principles of machinery systems:       None         Marine diesel engine       Marine steam turbine         Marine gas turbine       Marine boiler         Marine boiler       Shafting installation and propeller         Other auxiliaries       Steering gear         Automatic control systems       Fluid flow and characteristics of major systems         Deck machinery       Safety and emergency procedures for operations of propulsion plant machinery including control systems:         Main engine auto slow down and shut down       Main boiler auto shut down         Power failure       Main engine auto slow down and shut down</th><th>najor systems erations of propulsion plant shut down equipment/installations nd necessary measures to</th></li></ul>	plant, having regard to the prevailing circumstances and conditions         Required       None         Basic construction and operational principles of machinery systems:       None         Marine diesel engine       Marine steam turbine         Marine gas turbine       Marine boiler         Marine boiler       Shafting installation and propeller         Other auxiliaries       Steering gear         Automatic control systems       Fluid flow and characteristics of major systems         Deck machinery       Safety and emergency procedures for operations of propulsion plant machinery including control systems:         Main engine auto slow down and shut down       Main boiler auto shut down         Power failure       Main engine auto slow down and shut down		najor systems erations of propulsion plant shut down equipment/installations nd necessary measures to

	<ul> <li>Auxiliary prime movers and associate systems</li> </ul>
	<ul> <li>Other auxiliaries</li> </ul>
Teaching methodology	Lecture with practical applications
•	Greek:         Μηχανές Εσωτερικής Καύσεως, Τόμος Πρώτος – 1 <sup>st</sup> Edition, 2002 – Ίδρυμα         Ευγενίδου         Μηχανές Εσωτερικής Καύσεως, Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2003 – Ίδρυμα         Ευγενίδου         Καύσιμα Λιπαντικά – 3 <sup>rd</sup> Edition, 1995 – Ίδρυμα Ευγενίδου         Ατμομηχανές – 1 <sup>st</sup> Edition, 1998 – Ίδρυμα Ευγενίδου         Ναυτικοί Ατμολέβητες – 1 <sup>st</sup> Edition, 2002 – Ίδρυμα Ευγενίδου         Βοηθητικά Μηχανήματα Πλοίων – 1 <sup>st</sup> Edition, 2015 – Ίδρυμα Ευγενίδου         Ψυκτικές και Κλιματιστικές Εγκαταστάσεις – 1 <sup>st</sup> Edition, 2011 – Ίδρυμα         Ευγενίδου         Μηχανική των Ρευστών – 1 <sup>st</sup> Edition, 2008 – Ίδρυμα Ευγενίδου         Εισαγωγή στον Αυτόματο Έλεγχο – Αυτοματισμοί Πλοίων – 2 <sup>nd</sup> Edition, 2009 – Ίδρυμα Ευγενίδου         Αυτοματισμός-Τηλεκίνησις Σύγχρονων Πλοίων – 1 <sup>st</sup> Edition, 1976 – Ίδρυμα         Δυγενίδου         Φυσική – 1 <sup>st</sup> Edition, 2012 – Ίδρυμα Ευγενίδου         English:         Introduction to Marine Engineering Revised Second Edition – D. A. Taylor – Elsevier         Pounder's Marine Diesel Engines and Gas Turbines 9 <sup>th</sup> Edition – Doug Woodyard – Butterworth Heinemann         Fundamentals of Engineering Thermodynamics 5 <sup>th</sup> Edition – Michael J. Moran, Howard N. Shapiro – John Wiley & Sons, Inc.         Reed's General Engineering Knowledge for Marine Engineers 4 <sup>th</sup> Edition – Adlard Coles Nautical
	Ship Construction 6 <sup>th</sup> Edition – D. J. Eyres – Butterworth Heinemann Motor Engineering Knowledge for Marine Engineers 3 <sup>rd</sup> Edition – Thomas Reed Publications

	Marine Auxiliary Machinery 7 <sup>th</sup> Edition – H. D. McGeorge – Butterworth Heinemann
	Marine Steam Boilers 4 <sup>th</sup> Edition – James H. Milton, Roy M. Leach - Butterworth & Co (Pubüshers) Ltd
Assessment	Written exam
Language	Greek and English

Course title	Operate Fuel, Lubrication, ballast and Other Pumping Systems and Associated Control Systems				
Course code	1.5				
Course type	Compulso	bry			
Year / Semester	1 <sup>st</sup> Year /	Semester 2			
ECTS	2	2 Lectures / week 10 Laboratories / week			
Course purpose and objectives	<ul> <li>Operational characteristics of pumps and piping systems, including control systems</li> <li>Operation of pumping systems:         <ul> <li>Routine pumping operations</li> <li>Operation of bilge, ballast and cargo pumping systems</li> </ul> </li> <li>Oily-water separators (or similar equipment) requirements and operation</li> </ul>				
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Operations are planned and carried out in accordance with operating manuals, established rules and procedures to ensure safety of operations and avoid pollution of the marine environment</li> <li>Deviations for the norm are promptly identified and appropriate action is taken</li> </ul>				
Prerequisites	None		Required	None	
Course content	<ul> <li>Operational characteristics of pumps and piping systems including control systems</li> <li>Operation of pumping systems:         <ul> <li>Routine pumping operations</li> </ul> </li> </ul>				

	<ul> <li>Operation of bilge, ballast and cargo pumping systems</li> </ul>		
	Oily water separator/similar equipment requirements and operation		
Teaching methodology	Lecture with practical applications		
	Greek:		
	Μηχανές Εσωτερικής Καύσεως, Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2003 – Ίδρυμα Ευγενίδου		
	Βοηθητικά Μηχανήματα Πλοίων – 1 <sup>st</sup> Edition, 2015 – Ίδρυμα Ευγενίδου		
Bibliography	English:		
ыыоъгарну	Introduction to Marine Engineering Revised Second Edition – D. A. Taylor – Elsevier		
	Marine Auxiliary Machinery 7 <sup>th</sup> Edition – H. D. McGeorge – Butterworth Heinemann		
	Pumps – Ioannis K. Dagkinis, Alexandros I. Glykas – Eugenides Foundation		
Assessment	Written exam		
Language	Greek and English		

Course title	Operate Electrical, Electronic and Control Systems				
Course code	2.1	2.1			
Course type	Compulso	Compulsory			
Year / Semester	1 <sup>st</sup> , 2 <sup>nd</sup> Ye	1 <sup>st</sup> , 2 <sup>nd</sup> Year / Semesters 2, 4			
ECTS	16	16Lectures / week10Laboratories / week			
Course purpose and objectives		<ul> <li>Lectures / week 10 Laboratories / week</li> <li>Basic configuration and operation principles of the following electrical, electronic and control equipment:         <ul> <li>Electrical equipment:</li> <li>Generator and distribution systems</li> <li>Preparing, starting, paralleling and changing over generators</li> <li>Electrical motors including starting methodologies</li> <li>High-voltage installations</li> <li>Sequential control circuits and associated system devices</li> <li>Electronic equipment:</li> </ul> </li> </ul>		25	

	<ul> <li>Characteristics of basic electronic circuit elements</li> <li>Flowchart for automatic and control systems</li> <li>Functions, characteristics and features of control systems for machinery items, including main propulsion plant operation control and steam boiler automatic controls</li> <li>Control systems:         <ul> <li>Various automatic control methodologies and characteristics</li> <li>Proportional-Integral-Derivative (PID) control characteristics and associated system devices for process control</li> </ul> </li> </ul>		
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Operations are planned and carried out in accordance with operating manuals, established rules and procedures to ensure safety of operations</li> <li>Electrical, electronic and control systems can be understood and explained with drawings/instructions</li> </ul>		
Prerequisites	None Required None		
Course content	<ul> <li>Basic electrical engineering:         <ul> <li>Electrical theory</li> <li>Fundamentals of alternating current</li> <li>Generators</li> <li>Power distribution systems</li> <li>Electrical motors</li> <li>Electrical motor starting methodologies</li> <li>High voltage installations</li> <li>Lighting</li> <li>Cables</li> <li>Batteries</li> </ul> </li> <li>Basic electronics:         <ul> <li>Electric in theory</li> <li>Basic electronic circuit elements</li> <li>Electronic control equipment</li> </ul> </li> </ul>		

	<ul> <li>Flowchart for automatic and control systems</li> </ul>		
	Basic control engineering:		
	• Fundamentals of automatic control		
	• Various automatic controls		
	• ON-OFF control		
	<ul> <li>Sequential control</li> </ul>		
	<ul> <li>Proportional-Integral-Derivative (PID) control</li> </ul>		
	<ul> <li>Measurement of process value</li> </ul>		
	<ul> <li>Transmission of signals</li> </ul>		
	<ul> <li>Manipulator elements</li> </ul>		
Teaching methodology	Lecture with practical applications		
	Greek:		
	Μηχανές Εσωτερικής Καύσεως, Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2003 – Ίδρυμα Ευγενίδου		
	Ηλεκτρικές Μηχανές Τόμος Πρώτος – 1 <sup>st</sup> Edition, 2016 – Ίδρυμα Ευγενίδου		
	Ηλεκτρικές Μηχανές Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2016 – Ίδρυμα Ευγενίδου		
	Ηλεκτρονικά – 1 <sup>st</sup> Edition, 2004 – Ίδρυμα Ευγενίδου		
	Εισαγωγή στον Αυτόματο Έλεγχο – Αυτοματισμοί Πλοίων – 2 <sup>nd</sup> Edition, 2009 – Ίδρυμα Ευγενίδου		
	Ηλεκτροτεχνία Τόμος Πρώτος – 2 <sup>nd</sup> Edition, 1993 – Ίδρυμα Ευγενίδου		
Bibliography	Ηλεκτροτεχνία Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 1993 – Ίδρυμα Ευγενίδου		
	High Voltage – COSMOS NTC		
	Ηλεκτροτεχνία Τόμος Δ' (Εσωτερικές Ηλεκτρικές Εγκαταστάσεις) – 1 <sup>st</sup> Edition, 1981 – Ίδρυμα Ευγενίδου		
	Φυσική – 1 <sup>st</sup> Edition, 2012 – Ίδρυμα Ευγενίδου		
	English:		
	Reeds Basic Electrotechnology for Marine Engineers 5 <sup>th</sup> Edition – Christopher Lavers – Bloomsbury Publishing Plc.		
	Instrumentation and Control Systems – Gordon Boyd, Leslie Jackson – Bloomsbury Publishing Plc.		

	Advanced Electrotechnology for Marine Engineers – Christopher Lavers & Edmund G. R. Kraal – Bloomsbury Publishing Plc.
	Electrical Power Systems for Marine Engineers – Gordon Boyd, Fred Taylor - Bloomsbury Publishing Plc.
	Marine Electrical Technology 11 <sup>th</sup> Edition – Elstan A. Fernandez – Shroff Publishers & Distributors Pvt. Ltd.
	Marine Electrical Maintenance and Troubleshooting Volume 1: Alternators, Motors & Batteries 2 <sup>nd</sup> Edition – Elstan A. Fernandez, Lakshman Singh Yadav - Shroff Publishers & Distributors Pvt. Ltd.
Assessment	Written exam
Language	Greek and English

Course title	Maintenance and Repair of Electrical and Electronic Equipment			
Course code	2.2			
Course type	Compulsory			
Year / Semester	3 <sup>rd</sup> Year / Semester 5			
ECTS	7 Lectures / week 8 Laboratories / week 2			
Course purpose and objectives	<ul> <li>7 Lectures / week 8 Laboratories / week 2</li> <li>Safety requirements for working on shipboard electrical systems, including the safe isolation of electrical equipment required before personnel are permitted to work on such equipment</li> <li>Maintenance and repair of electrical system equipment, switchboards, electric motors, generator and DC electrical systems and equipment</li> <li>Detection of electric malfunction, location of faults and measures to prevent damage</li> <li>Construction and operation of electrical testing and measuring equipment</li> <li>Function and performance tests of the following equipment and their configuration: <ul> <li>Monitoring systems</li> <li>Automatic control devices</li> <li>Protective devices</li> </ul> </li> </ul>			
Learning outcomes	Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW)			

	<ul> <li>and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Safety measures for working are appropriate</li> <li>Selection and use of hand tools, measuring instruments, and testing equipment are appropriate and interpretation of results is accurate</li> <li>Dismantling, inspecting, repairing and reassembling equipment are in accordance with manuals and good practice</li> <li>Reassembling and performance testing is in accordance with manuals and good practice</li> </ul>		
Prerequisites	None Required None		
Course content			
Teaching methodology	Lecture with workshop practical applications		
Bibliography	Greek:		

	Μηχανές Εσωτερικής Καύσεως, Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2003 – Ίδρυμα Ευγενίδου
	Ηλεκτρικές Μηχανές Τόμος Πρώτος – 1 <sup>st</sup> Edition, 2016 – Ίδρυμα Ευγενίδου
	Ηλεκτρικές Μηχανές Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2016 – Ίδρυμα Ευγενίδου
	Εισαγωγή στον Αυτόματο Έλεγχο – Αυτοματισμοί Πλοίων – 2 <sup>nd</sup> Edition, 2009 – Ίδρυμα Ευγενίδου
	Ηλεκτροτεχνία Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 1993 – Ίδρυμα Ευγενίδου
	Μηχανολογικό Σχέδιο – 2 <sup>nd</sup> Edition, 2001 – Ίδρυμα Ευγενίδου
	Οργάνωσις Επιχειρήσεων – Στοιχεία Οικονομίας - 1 <sup>st</sup> Edition, 1977 – Ίδρυμα Ευγενίδου
	English:
	Marine Electrical Technology 11 <sup>th</sup> Edition – Elstan A. Fernandez – Shroff Publishers & Distributors Pvt. Ltd.
	Marine Electrical Maintenance and Troubleshooting Volume 1: Alternators, Motors & Batteries 2 <sup>nd</sup> Edition – Elstan A. Fernandez, Lakshman Singh Yadav - Shroff Publishers & Distributors Pvt. Ltd.
Assessment	Written exam
Language	Greek and English

Course title	Appropriate Use of Hand Tools, Machine Tools and Measuring Instruments for Fabrication and Repair on Board				
Course code	3.1	3.1			
Course type	Compulsory				
Year / Semester	1 <sup>st</sup> , 3 <sup>rd</sup> Year / Semesters 2, 5				
ECTS	10	Lectures / week	5	Laboratories / week	5
Course purpose and objectives	<ul> <li>Characteristics and limitations of materials used in construction and repair of ships and equipment</li> <li>Characteristics and limitations of processes used for fabrication and repair</li> <li>Properties and parameters considered in the fabrication and repair of systems and components</li> <li>Methods for carrying out safe emergency/temporary repairs</li> </ul>				

	<ul> <li>Safety measures to be taken to ensure a safe working environment and for using hand tools, machine tools and measuring instruments</li> <li>Use of hand tools, machine tools and measuring instruments</li> <li>Use of various types of sealants and packings</li> </ul>			
	Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.			
Learning outcomes	<ul> <li>Identification of important parameters for fabrication of typical ship-related components is appropriate</li> <li>Selection of materials is appropriate</li> <li>Fabrication is to designated tolerances</li> <li>Use of equipment and hand tools, machine tools and measuring instruments is appropriate and safe</li> </ul>			
Prerequisites	None Required None			
Course content	<ul> <li>Characteristics and limitations of materials used in construction and repair of ships equipment:         <ul> <li>Basic metallurgy, metals and processes</li> <li>Properties and uses</li> <li>Non-metallic materials</li> </ul> </li> <li>Characteristics and limitations of processes used for fabrication and repair:         <ul> <li>Process</li> <li>Heat treatment of carbon steel</li> </ul> </li> <li>Properties and parameters considered in the fabrication and repair of systems and components:         <ul> <li>Materials under load</li> <li>Vibration</li> <li>Self-secured joints</li> <li>Permanent joints</li> <li>Bonding plastics</li> <li>Adhesives and bonding health and safety</li> <li>Pipework</li> </ul> </li> </ul>			

	• Safety measures to be taken to ensure a safe working environment and			
	for using hand tools, machine tools and measuring instruments			
	<ul> <li>Use of hand tools, machine tools and measuring instruments:</li> </ul>			
	<ul> <li>Hand tools</li> </ul>			
	<ul> <li>Power hand tools</li> </ul>			
	<ul> <li>Machine tools</li> </ul>			
	<ul> <li>Measuring instruments</li> </ul>			
	<ul> <li>Use of various types of sealants and packings</li> </ul>			
Teaching methodology	Lecture with workshop practical applications			
	Greek:			
	Μηχανές Εσωτερικής Καύσεως, Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2003 – Ίδρυμα Ευγενίδου			
	Βοηθητικά Μηχανήματα Πλοίων – 1 <sup>st</sup> Edition, 2015 – Ίδρυμα Ευγενίδου			
	Εισαγωγή στον Αυτόματο Έλεγχο – Αυτοματισμοί Πλοίων – 2 <sup>nd</sup> Edition, 2009 – Ίδρυμα Ευγενίδου			
	Τεχνολογία Μηχανουργικών Υλικών – 2 <sup>nd</sup> Edition, 1992 – Ίδρυμα Ευγενίδου			
	Ηλεκτροτεχνία Τόμος Πρώτος – 2 <sup>nd</sup> Edition, 1993 – Ίδρυμα Ευγενίδου Αντοχή Υλικών – 2 <sup>nd</sup> Edition, 2016 – Ίδρυμα Ευγενίδου			
	Μηχανουργική Τεχνολογία Εργαστήριο Ι – 2 <sup>nd</sup> Edition, 2001 – Ίδρυμα Ευγενίδου			
Bibliography	Μηχανουργική Τεχνολογία Εργαστήριο ΙΙ – 1 <sup>st</sup> Edition, 2006 – Ίδρυμα Ευγενίδου			
	Ευστάθεια – Κοπώσεις – 2 <sup>nd</sup> Edition, 2016 – Ίδρυμα Ευγενίδου			
	English:			
	Reed's General Engineering Knowledge for Marine Engineers 4 <sup>th</sup> Edition – Adlard Coles Nautical			
	Fabrication and Welding Engineering – Roger Timings – Newnes			
	Applied Mechanics 3 <sup>rd</sup> Edition – J. Hannah, M. J. Hillier – Addison Wesley Longman			
	Code of Safe Working Practices for Merchant Seafarers 2015 Edition – The Stationary Office – Maritime and Coastguard Agency			
	Workshop Processes, Practices and Materials 5 <sup>th</sup> Edition – Bruce J. Black – Routledge			

	Audel Machine Shop Tools & operations 5 <sup>th</sup> Edition – Rex Miller, Mark Richard Miller – Wiley Publishing Inc.	
	A Guide to Ship Repair Estimates in Man-hours 2 <sup>nd</sup> Edition – Don Butler – Butterworth Heinemann	
Assessment	Written exam	
Language	Greek and English	

Course title	Maintenance and Repair of Shipboard Machinery and Equipment				
Course code	3.2				
Course type	Compulso	pry			
Year / Semester	2 <sup>nd</sup> , 3 <sup>rd</sup> Ye	ar / Semesters 4, 5			
ECTS	10	Lectures / week	4	Laboratories / week	3
Course purpose and objectives	<ul> <li>Safety measures to be taken for repair and maintenance, including the safe isolation of shipboard machinery and equipment required before personnel are permitted to work on such machinery or equipment</li> <li>Appropriate basic mechanical knowledge and skills</li> <li>Maintenance and repair, such as dismantling, adjustment and reassembling of machinery and equipment</li> <li>The use of appropriate specialized tools and measuring instruments</li> <li>Design characteristics and selection of materials in construction of equipment</li> <li>Interpretation of machinery drawings and handbooks</li> <li>The interpretation of piping, hydraulic and pneumatic diagrams</li> </ul>				
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Safety procedures followed are appropriate</li> <li>Selection of tools and spare gear is appropriate</li> <li>Dismantling, inspecting, repairing and reassembling equipment is in accordance with manuals and good practice</li> <li>Re-commissioning and performance testing is in accordance with manuals and good practice</li> <li>Selection of materials and parts is appropriate</li> </ul>				

	Interpretation of machinery drawings and handbooks:		
	<ul> <li>Types of drawing</li> </ul>		
	○ Linework		
	<ul> <li>Pictorial projection</li> <li>Development</li> <li>Dimensioning</li> <li>Geometrical tolerance</li> <li>Limits and fits</li> </ul>		
	<ul> <li>Engineering drawing practice</li> </ul>		
	<ul> <li>The interpretation of piping, hydraulic and pneumatic diagrams</li> </ul>		
Teaching methodology	Lecture with workshop practical applications		
	Greek:		
	Μηχανές Εσωτερικής Καύσεως, Τόμος Πρώτος – 1 <sup>st</sup> Edition, 2002 – Ίδρυμα Ευγενίδου		
	Διεθνείς Κανονισμοί, Ναυτιλιακή Πολιτική & Δίκαιο της Θάλασσας – 3 <sup>rd</sup> Edition, 2015 – Ίδρυμα Ευγενίδου		
	Ναυτικοί Ατμολέβητες – 1 <sup>st</sup> Edition, 2002 – Ίδρυμα Ευγενίδου		
	Ηλεκτρικές Μηχανές Τόμος Δεύτερος – 1 <sup>st</sup> Edition, 2016 – Ίδρυμα Ευγενίδου		
	Μηχανουργική Τεχνολογία Εργαστήριο Ι – 2 <sup>nd</sup> Edition, 2001 – Ίδρυμα Ευγενίδου		
	Μηχανολογικό Σχέδιο – 2 <sup>nd</sup> Edition, 2001 – Ίδρυμα Ευγενίδου		
Bibliography	Βοηθητικά Μηχανήματα Πλοίων Τόμος Α' – 1 <sup>st</sup> Edition, 1974 – Ίδρυμα Ευγενίδου		
	English:		
	Introduction to Marine Engineering Revised Second Edition – D. A. Taylor – Elsevier		
	Pounder's Marine Diesel Engines and Gas Turbines 9 <sup>th</sup> Edition – Doug Woodyard – Butterworth Heinemann		
	Reed's General Engineering Knowledge for Marine Engineers 4 <sup>th</sup> Edition – Adlard Coles Nautical		
	Workshop Processes, Practices and Materials 5 <sup>th</sup> Edition – Bruce J. Black – Routledge		

Language	Greek and English
Assessment	Written exam
	Pumps – Ioannis K. Dagkinis, Alexandros I. Glykas – Eugenides Foundation
	A Guide to Ship Repair Estimates in Man-hours 2 <sup>nd</sup> Edition – Don Butler – Butterworth Heinemann
	Marine Auxiliary Machinery 7 <sup>th</sup> Edition – H. D. McGeorge – Butterworth Heinemann
	The Maritime Engineering Reference Book – Anthony E. Molland – Butterworth Heinemann
	Manual of Engineering Drawing 2 <sup>nd</sup> Edition – Colin H. Simmons, Dennis E. Maguire – Newnes
Basic Engineering Thermodynamics 5 <sup>th</sup> Edition – Rayner Joel – Addison V Longman	
	Code of Safe Working Practices for Merchant Seafarers 2015 Edition – The Stationary Office – Maritime and Coastguard Agency

Course title	Ensure Compliance with Pollution Prevention Requirements				
Course code	4.1				
Course type	Compulso	Compulsory			
Year / Semester	1 <sup>st</sup> Year /	Semester 1			
ECTS	2	Lectures / week 10 Laboratories / week			
Course purpose and objectives	<ul> <li>Prevention of pollution of the marine environment         <ul> <li>Knowledge of the precautions to be taken to prevent pollution of the marine environment</li> <li>Anti-pollution procedures and all associated equipment</li> <li>Importance of proactive measures to protect the marine environment</li> </ul> </li> </ul>				
Learning outcomes	Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level. • Procedures for monitoring shipboard operations and ensuring compliance with MARPOL requirements are fully observed • Actions to ensure that a positive environmental reputation is maintained				

Prerequisites	None Required None		
Course content	<ul> <li>Precautions to be taken to prevent pollution of the marine environment:         <ul> <li>MARPOL 73/78 Technical Annexes: Annex I to VI of MARPOL 73/78 in detail</li> <li>Conventions and legislations adopted by various countries</li> </ul> </li> <li>Anti-pollution procedures and all associated equipment:         <ul> <li>Control of discharge of oil</li> <li>Oil Record Book (Part I – Machinery Space Operations and Part II – Cargo/Ballast Operations)</li> <li>Shipboard Oil Pollution Emergency Plan (SOPEP) including Shipboard Marine Emergency Plans (SMPEP) for Oil and Noxious Liquid Substances and Vessel Response Plan (VRP)</li> <li>Operating procedures of antipollution equipment, sewage plant, incinerator, comminutor, ballasts water treatment plant</li> <li>Volatile Organic Compound (VOC) Management Plan, Garbage Management Systems, Anti-fouling systems, Ballast Water Management and their discharge criteria</li> </ul> </li> </ul>		
Teaching methodology	Lecture		
Bibliography	Greek: Διεθνείς Κανονισμοί, Ναυτιλιακή Πολιτική & Δίκαιο της Θάλασσας – 3 <sup>rd</sup> Edition, 2015 – Ίδρυμα Ευγενίδου Στοιχειά Ναυτικού Δικαίου – 3 <sup>rd</sup> Edition, 2014 – Ίδρυμα Ευγενίδου English: Precautions to be Taken to Prevent Pollution of the Marine Environment – Anti- pollution Procedures and all Associated Equipment – Proactive Measures to Protect the Marine Environment for the cadets of Mediterranean Maritime Academy of Cyprus MARPOL – SUMMARY		
Assessment	Written exam		
Language	Greek and English		

Course title	Maintain the Seaworthiness of the Ship			
Course code	4.2			
Course type	Compulsory			
Year / Semester	3 <sup>rd</sup> Year / Semester 5			
ECTS	9 Lectures / week 7 Laboratories / week			
Course purpose and objectives	<ul> <li>Ship stability         <ul> <li>Working knowledge and application of stability, trim and stress tables, diagrams and stress-calculating equipment</li> <li>Understanding of the fundamentals of watertight integrity</li> <li>Understanding of fundamental actions to be taken in the event of partial loss of intact buoyancy</li> </ul> </li> <li>Ship construction         <ul> <li>General knowledge of the principal structural members of a ship and the proper names for the various parts</li> </ul> </li> </ul>			
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>The stability conditions comply with the IMO intact stability criteria under all conditions of loading</li> <li>Actions to ensure and maintain the watertight integrity of the ship are in accordance with accepted practice</li> </ul>			
Prerequisites	None Required None			
Course content	<ul> <li>Stability, trim and stress tables:</li> <li>Displacement</li> <li>Buoyancy</li> <li>Fresh water allowance</li> <li>Statical stability</li> <li>Initial stability</li> <li>Angle of loll</li> <li>Curves of statical stability</li> <li>Movement on the centre of gravity</li> </ul>			

	<ul> <li>List and its correction</li> </ul>		
	<ul> <li>Effect of slack tanks</li> </ul>		
	$\circ$ Trim and draught calculation using trim tables		
	$\circ$ Actions to be Taken in the Event of Partial Loss of Intact Buoyancy		
	<ul> <li>Stress tables and stress calculating equipment</li> </ul>		
	The principal structural members of a ship:		
	<ul> <li>Ship dimensions and form</li> </ul>		
	<ul> <li>Ship stresses</li> </ul>		
	<ul> <li>Hull structure</li> </ul>		
	<ul> <li>Bow and stern regions</li> </ul>		
	<ul> <li>Fittings</li> </ul>		
	<ul> <li>Rudder and propellers</li> </ul>		
	<ul> <li>Load lines and draught marks</li> </ul>		
Teaching methodology	Lecture		
	Greek:		
	Ευστάθεια – Κοπώσεις – 2 <sup>nd</sup> Edition, 2016 – Ίδρυμα Ευγενίδου		
	Ναυπηγία – 2 <sup>nd</sup> Edition, 1991 – Ίδρυμα Ευγενίδου		
	English:		
Bibliography	Ship Stability for the cadets of Mediterranean Maritime Academy of Cyprus		
ыыюдгарну	Shipbuilding Elements for the cadets of Mediterranean Maritime Academy of Cyprus		
	Bow and stern regions		
	Fittings		
	Rudder and propellers		
Assessment	Written exam		
Language	Greek and English		

Course title	Prevent, Control and Fight Fires on Board
Course code	4.3

Course type	Compulsory				
Year / Semester	3 <sup>rd</sup> Year / Semester 5				
ECTS	1.5	Lectures / week	14	Laboratories / week	11
Course purpose and objectives	<ul> <li>Fire prevention and fire-fighting         <ul> <li>Ability to organize fire drills</li> <li>Knowledge of classes and chemistry of fire</li> <li>Knowledge of fire-fighting appliances</li> <li>Knowledge of action to be taken in the event of fire, including fires involving oil systems</li> </ul> </li> </ul>				
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>The type and scale of the problem is promptly identified and initial actions conform with the emergency procedure and contingency plans for the ship</li> <li>Evacuation, emergency shutdown and isolation procedures are appropriate to the nature of the emergency and are implemented promptly</li> <li>The order of priority and the levels and time-scales of making reports and informing personnel on board are relevant to the nature of the emergency and reflect the urgency of the problem</li> </ul>				
Prerequisites	None Required None				
Course content	<ul> <li>Control fire-fighting operations aboard ship         <ul> <li>Introduction, safety and principles</li> <li>Areas of fire hazard</li> <li>Fire precautions</li> <li>Dry distillation</li> <li>Chemical reactions</li> <li>Boiler uptake fires and exhaust fires in prime movers and auxiliary exhausts</li> <li>Fires in water-tube boilers</li> <li>Tactics and procedure of fire control while ship is at sea</li> <li>Tactics and procedure of fire control while ship is carrying dangerous goods</li> <li>Tactics and procedure of fire control while ship is carrying dangerous goods</li> </ul> </li> </ul>				

	<ul> <li>Use of water for fire extinguishing, the effect on stability, precautions and corrective procedures</li> <li>Communication and co-ordination during fire-fighting operations</li> <li>Ventilation control including smoke extractor</li> <li>Control of fuel and electrical systems</li> <li>Fire precautions and hazards associated with the storage and handling of materials (paints etc.)</li> <li>Management and control of injured persons</li> <li>Procedures for co-ordination with shore-based fire fighters</li> <li>Organize and train fire parties</li> <li>Preparation of contingency plans</li> <li>Composition and allocation of personnel to fire parties</li> <li>Training of seafarers in fire fighting</li> <li>Fire control plans</li> <li>Organization of fire and abandon ship drills</li> <li>Strategies and tactics for control of fires in various parts of the ship</li> <li>Inspect and service fire detections and extinguishing systems and equipment</li> <li>Fire detection equipment</li> <li>Fire datrms</li> <li>Fire datrms</li> <li>Fire datres</li> <li>Portable and mobile fire extinguishing equipment including appliances</li> <li>Firefighter's outfits and other personal protective equipment</li> <li>Salvage equipment</li> <li>Communication equipment</li> <li>Requirements for statutory and classification surveys</li> <li>Investigation and reporting</li> <li>Trainee's experience of fires on ships and lessons learned</li> </ul>			
Teaching methodology	Lecture and practical exercises			
Bibliography Greek and English:				
	Compendium to the IMO Model Course 2.03			
Assessment	Written exam and practical assessment			
Language	Greek and English			

Course title	Operate Life-Saving Appliances					
Course code	4.4					
Course type	Compulsory					
Year / Semester	3 <sup>rd</sup> Year / Semester 5					
ECTS	1.5 Lectures / week 12.5 Laboratories / week 12.5					
Course purpose and objectives	<ul> <li>Life-saving         <ul> <li>Ability to organize abandon ship drills and knowledge of the operation of survival craft and rescue boats, their launching appliances and arrangements, and their equipment, including radio life-saving appliances, satellite EPIRBs, SARTs, immersion suits and thermal protective aids</li> </ul> </li> </ul>					
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Actions in responding to abandon ship and survival situations are appropriate to the prevailing circumstances and conditions and comply with accepted safety practices and standards</li> </ul>					
Prerequisites	6 months of approved seagoing service None					
Course content	<ul> <li>General <ul> <li>Emergency situations</li> <li>Training, drills and operational readiness</li> <li>Actions to be taken when called to survival craft stations</li> </ul> </li> <li>Abandon ship <ul> <li>Actions to be taken when required to abandon ship</li> <li>Actions to be taken when in the water</li> </ul> </li> <li>Survival craft and rescue boats <ul> <li>Lifeboats</li> <li>Life rafts</li> <li>Rescue boats</li> </ul> </li> <li>Launching arrangements <ul> <li>Boat davits</li> <li>Life raft davits</li> <li>Rescue boats davits</li> <li>Free-fall</li> </ul> </li> </ul>					

- Float-free arrangements
- Marine evacuation systems
- Evacuation and recovery of survival craft and rescue boats
  - o Launching
  - $\circ$   $\,$  Clearing the ship's side
  - Marshalling life rafts and rescuing survivors from the sea
  - $\circ$   $\;$  Recovery of survival craft and rescue boats
  - Launching survival craft and rescue boats in rough sea
  - Recovery of rescue boats in rough sea
- Actions to take when clear of the ship
  - Lifeboat engine and accessories
    - Starting the engine
    - Cooling systems
    - o Battery charging
    - o Fire extinguisher
    - Water spray system
    - Self-contained air support system
- Rescue boat outboard engine
- Handling survival craft and rescue boats in rough weather
  - o Boats
  - Life rafts
  - Beaching
- Actions to take when aboard a survival craft
  - o Initial actions
  - Routines for survival
  - Use of equipment
  - Apportionment of food and water
  - Action to take to maximize delectability and location of survival craft
- Methods of helicopter rescue
  - o Communicating with the helicopter
  - Evacuation from ship and survival craft
  - Helicopter pick-up
- Hypothermia
- Radio equipment
  - o Two-way VHF radiotelephone apparatus
  - Emergency position-indicating radio beacons (EPIRBs)
  - Search and rescue transponder beacons (SARTs)
  - Distress signals, signaling equipment and pyrotechnics
- First aid
  - Resuscitation techniques
  - Use of first-aid kit
- Drills in launching and recovering boats

	<ul> <li>Drills in launching life rafts         <ul> <li>Davit-launched life rafts</li> <li>Throw-overboard life rafts</li> <li>Boarding a liferaft from the water</li> <li>Righting an inverted liferaft</li> </ul> </li> <li>Drills in launching and recovering rescue boats</li> <li>Practical exercises and evaluation</li> </ul>		
Teaching methodology	Lecture and practical exercises		
Bibliography	Greek and English: Approved trainee handout		
Assessment	Written exam and practical assessment		
Language	Greek and English		

Course title	Apply Medical First Aid on Board Ship						
Course code	4.5						
Course type	Compulso	Compulsory					
Year / Semester	3 <sup>rd</sup> Year /	Semester 5					
ECTS	1 Lectures / week 17 Laboratories / week 3						
Course purpose and objectives	<ul> <li>Medical aid         <ul> <li>Practical application of medical guides and advice by radio, including the ability to take effective action based on such knowledge in the case of accidents or illnesses that are likely to occur on board ship</li> </ul> </li> </ul>						
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>The identification of probable cause, nature and extent of injuries or conditions is prompt, and treatment minimizes immediate threat to life</li> </ul>						
Prerequisites	None Required None						
Course content	<ul><li>Immediate Action</li><li>First Aid Kit</li></ul>						

Language	Greek and English		
Assessment	Written exam and practical assessment		
Bibliography	Greek and English: Approved trainee handout		
Teaching methodology	Lecture and practical exercises		
	<ul> <li>Body structure and functions</li> <li>Toxicological hazards aboard ship</li> <li>Examination of patient</li> <li>Spinal Injuries</li> <li>Burns, scalds and effects of heat and cold</li> <li>Fractures, dislocations and muscular injuries</li> <li>Medical care of rescued persons, including distress, hypothermia and cold exposure</li> <li>Radio Medical Advice</li> <li>Pharmacology</li> <li>Sterilization</li> <li>Cardiac arrest, drowning and asphyxia</li> <li>Psychological / Psychiatric Problems</li> </ul>		

Course title	Monitor and Control Compliance with Legislative Requirements					
Course code	4.6					
Course type	Compulso	Compulsory				
Year / Semester	1 <sup>st</sup> Year /	1 <sup>st</sup> Year / Semester 1				
ECTS	3	3 Lectures / week 10 Laboratories / week				
Course purpose and objectives	<ul> <li>Basic working knowledge of the relevant IMO conventions concerning safety of life at sea, security and protection of the marine environment</li> </ul>					
Learning outcomes	on Standa and the co vessels; a • Le	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Legislative requirements relating to safety of life at sea, security and protection of the marine environment are correctly identified</li> </ul>				

Prerequisites	None Required None			
Course content	<ul> <li>Basic working knowledge of the relevant IMO conventions concerning safety of life at sea, security and protection of the marine environment:         <ul> <li>Introduction to Maritime Law</li> <li>Law of the Sea</li> <li>Safety</li> <li>International Convention on Load Lines, 1966</li> <li>SOLAS, 1974 as amended</li> <li>SOLAS – Subdivision and stability</li> <li>SOLAS – Fire protection, detection and fire extinction</li> <li>SOLAS – LSA and arrangements (LSA CODE)</li> <li>SOLAS – Carriage of grain</li> <li>SOLAS – LSA and arrangements (LSA CODE)</li> <li>SOLAS – Carriage of grain</li> <li>SOLAS – LSA and arrangements (LSA CODE)</li> <li>SOLAS – Carriage of grain</li> <li>Code of Safe Working Practices for Merchant Seamen</li> <li>STCW Convention 1978, as amended</li> <li>The International Ship and Port Facility Security Code (ISPS Code)</li> </ul> </li> </ul>			
Teaching methodology	Lecture			
Bibliography	Greek: Διεθνείς Κανονισμοί, Ναυτιλιακή Πολιτική & Δίκαιο της Θάλασσας – 3 <sup>rd</sup> Edition, 2015 – Ίδρυμα Ευγενίδου Στοιχειά Ναυτικού Δικαίου – 3 <sup>rd</sup> Edition, 2014 – Ίδρυμα Ευγενίδου SOLAS Consolidated Edition 2014 –IMO English: Code of Safe Working Practices for Merchant Seafarers 2015 Edition – The Stationary Office – Maritime and Coastguard Agency Maritime Law 5 <sup>th</sup> Edition – Informa Law from Routledge Load Lines SOLAS Stability and subdivision Fire protection, fire detection and extinction SOLAS – LSA and arrangements			

	Cargo Work – The Care, Handling and Carriage of Cargoes 12th Edition – L. G. Taylor – Brown, Son & Ferguson Ltd.
Assessment	Written exam
Language	Greek and English

Course title	Application of Leadership and Teamworking Skills			
Course code	4.7			
Course type	Compulsory			
Year / Semester	2 <sup>nd</sup> Year / Semester 4			
ECTS	2 Lectures / week 10 Laboratories / week			
Course purpose and objectives	<ul> <li>Lectures / week 10 Laboratories / week</li> <li>Working knowledge of shipboard personnel management and training</li> <li>Knowledge of related international maritime conventions and recommendations, and national legislation</li> <li>Ability to apply task and workload management, including:         <ul> <li>Planning and co-ordination</li> <li>Personnel assignment</li> <li>Time and resource constraints</li> <li>Prioritization</li> </ul> </li> <li>Knowledge and ability to apply effective resource management:         <ul> <li>Allocation, assignment and prioritization of resources</li> <li>Effective communication onboard and ashore</li> <li>Decisions reflect consideration of team experiences</li> <li>Assertiveness and leadership, including motivation</li> <li>Obtaining and maintaining situational awareness</li> </ul> </li> <li>Knowledge and ability to apply decision-making techniques         <ul> <li>Situation and risk assessment</li> <li>Identify and consider generated options</li> <li>Selecting course of action</li> </ul> </li> </ul>			
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>The crew are allocated duties and informed of expected standards of work and behavior in a manner appropriate to the individuals concerned</li> </ul>			

	<ul> <li>Training objectives and activities are based on assessment of current competence and capabilities and operational requirements</li> <li>Operations are demonstrated to be in accordance with applicable rules</li> <li>Operations are planned and resources are allocated as needed in correct priority to perform necessary tasks</li> <li>Communication is clearly and unambiguously given and received.</li> <li>Effective leadership behaviours are demonstrated</li> <li>Necessary team member(s) share accurate understanding of current and predicted vessel status and operational status and external environment</li> <li>Decisions are most effective for the situation</li> </ul>				
Prerequisites	None	Required	None		
Course content	<ul> <li>Shipboard personnel management and training</li> <li>Related international conventions and recommendations, and national legislation</li> <li>Application of task and workload management</li> <li>Effective resource management</li> <li>Decision-making techniques</li> </ul>				
Teaching methodology	Lecture				
Bibliography	Greek: Παλαμιώτου Κωνσταντίνα, <i>Ανθρώπινες Σχέσεις,</i> Ευγενίδειο Ίδρυμα, Αθήνα 2016 English: Leadership and Teamwork for the cadets of Mediterranean Maritime Academy of Cyprus				
Assessment	Written exam				
Language	Greek and English	Greek and English			

Course title	Contribute to Safety of Personnel and Ship				
Course code	4.8				
Course type	Compulsory				
Year / Semester	1 <sup>st</sup> Year / Semester 1				
ECTS	2	Lectures / week	38	Laboratories / week	12
Course purpose and objectives	<ul> <li>Knowledge of personal surv</li> <li>Knowledge of fire prevention</li> <li>Knowledge of elementary find</li> <li>Knowledge of personal safe</li> </ul>	n and ability rst aid	to extinguish fires		
-------------------------------	--	---	--	--	
Learning outcomes	<ul> <li>Act in accordance with the minimum standards of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers (STCW) and the corresponding Code, as amended, for engineer officers on seagoing vessels; and hereby comply with STCW standards at operational level.</li> <li>Appropriate safety and protective equipment is correctly used</li> </ul>				
	<ul> <li>Procedures and safe working practices designed to safeguard personnel and the ship are observed at all times</li> <li>Procedures designed to safeguard the environment are observed at all times</li> <li>Initial and follow-up action on becoming aware of an emergency conforms with established emergency response procedures</li> </ul>				
Prerequisites	None Required None				
Course content	<ul> <li>Types and sources o</li> <li>Flammable material</li> <li>The need of constant</li> <li>Fire hazards</li> <li>Organization of ship</li> <li>Location of fire-fight</li> <li>Fire spread in differed</li> <li>Fire and smoke detent</li> <li>systems</li> </ul>	and survival s scue boats appliances hting and principle tion of the fir f ignition s commonly f t vigilance board fire figl ing appliance ent parts of a ction measur and applicat ting appliance use of fixed in paratus for fig	s e triangle to fire and explosion ound on board nting es and emergency escape routes ship es on ships and automatic alarm ole extinguishing agents es and equipment nstallations chting fires		

	Elementary First Aid		
	• General Principles		
	<ul> <li>Body Structure and Functions</li> </ul>		
	<ul> <li>The Unconscious Casualty</li> <li>Desurption</li> </ul>		
	• Resuscitation		
	<ul> <li>Bleeding</li> <li>Management of Check</li> </ul>		
	<ul> <li>Management of Shock</li> <li>Device Sealable and Assistants and the Electricity</li> </ul>		
	<ul> <li>Burns Scalds, and Accidents caused by Electricity</li> </ul>		
	<ul> <li>Rescue and Transport of Casualty</li> </ul>		
	<ul> <li>Other topics</li> </ul>		
	Personal Safety and Social Responsibilities		
	<ul> <li>Observe safe working practices</li> </ul>		
	<ul> <li>Contribute to effective human relationships on board ships</li> </ul>		
	<ul> <li>Understand orders and be understood in relation to shipboard</li> </ul>		
	duties		
	<ul> <li>Comply with emergency procedures</li> </ul>		
	<ul> <li>Take precautions to prevent pollution of the marine environment</li> </ul>		
	<ul> <li>Social responsibility</li> </ul>		
Teaching methodology	Lecture and practical exercises		
Pibliography	Greek and English:		
Bibliography	Approved trainee handouts		
Assessment	Written exam and practical assessment		
Language	Greek and English		

Course title	Basic Eng	Basic Engineering Science			
Course code	Addendu	Addendum 1			
Course type	Compulso	ory			
Year / Semester	1 <sup>st</sup> Year /	1 <sup>st</sup> Year / Semester 1			
ECTS	4	4 Lectures / week 10 Laboratories / week			
Course purpose and objectives	de	<ul> <li>Basic engineering science which are deemed necessary to obtain the depth of knowledge required under various competence of Section A-III/1 and section A-III/2 of the STCW Code</li> </ul>			

	Demonstrate a knowledge and understanding of:			
	<ul> <li>The relationship between speed, acceleration, mass force and resistance</li> </ul>			
Learning outcomes	<ul> <li>The relationship between forms of energy, work and power</li> </ul>			
Learning outcomes	<ul> <li>The effects of pressure, its relationship to depth of liquid and</li> </ul>			
	force			
	<ul> <li>The relationship between temperature, heat energy and heat</li> </ul>			
	transfer			
Prerequisites	None Required None			
	Basic engineering science:			
	$\circ$ Mass and volume			
	<ul> <li>Dynamics</li> </ul>			
Course content	<ul> <li>Energy, work and power</li> </ul>			
	o Fluids			
	o Heat			
Teaching methodology	Lecture			
	Greek:			
	Φυσική – 1 <sup>st</sup> Edition, 2012 – Ίδρυμα Ευγενίδου			
	Μηχανική των Ρευστών – 1 <sup>st</sup> Edition, 2008 – Ίδρυμα Ευγενίδου			
	English:			
Bibliography	Basic Engineering Thermodynamics 5 <sup>th</sup> Edition – Rayner Joel – Addison Wesley Longman			
	Applied Mechanics for Marine Engineers 7 <sup>th</sup> Edition – Paul A. Russell – Reeds			
	Instrumentation and Control Systems – Gordon Boyd, Leslie Jackson – Bloomsbury Publishing Plc.			
Assessment	Written exam			
Language	Greek and English			

Course title	Mathematics
Course code	Addendum 2
Course type	Compulsory

Year / Semester	1 <sup>st</sup> Year / Semester 1			
ECTS	6	Lectures / week	10	Laboratories / week
Course purpose and objectives	kn	<ul> <li>Mathematics which are deemed necessary to obtain the depth of knowledge required under various competence of Section A-III/1 and section A-III/2 of the STCW Code</li> </ul>		
Learning outcomes	• De	<ul> <li>calculations with pos</li> <li>Calculations with pos</li> <li>Simplifying expression</li> <li>Indices</li> <li>Calculations</li> <li>Algebra</li> <li>Trigonometry</li> <li>Mensuration</li> <li>Graphs</li> </ul>	itive and ne	0
Prerequisites	None		Required	None
Course content	• M	<ul> <li>athematics:</li> <li>Calculations with pos</li> <li>Simplifying expression</li> <li>Indices</li> <li>Calculations</li> <li>Algebra</li> <li>Trigonometry</li> <li>Mensuration</li> <li>Graphs</li> </ul>		gative integers
Teaching methodology	Lecture			
Bibliography	Greek: Μαθηματικά Πλοιάρχων – Μηχανικών – 1 <sup>st</sup> Edition, 2012 – Ίδρυμα Ευγενίδου Φυσική – 1 <sup>st</sup> Edition, 2012 – Ίδρυμα Ευγενίδου English: Mathematics for Marine Engineers 8 <sup>th</sup> Edition – Kevin Corner, Leslie Jackson, William Embleton – Reeds			
Assessment	Written e	xam		
Language	Greek and	d English		

Course title	Thermodynamics			
Course code	Addendum 3			
Course type	Compulsory			
Year / Semester	1 <sup>st</sup> Year / Semester 1			
ECTS	3 Lectures / week 10 Laboratories / week			
Course purpose and objectives	<ul> <li>Thermodynamics which are deemed necessary to obtain the depth of knowledge required under various competence of Section A-III/1 and section A-III/2 of the STCW Code</li> </ul>			
Learning outcomes	<ul> <li>Demonstrate a knowledge and understanding of:         <ul> <li>Thermodynamic properties</li> <li>Thermodynamic energy</li> <li>Thermodynamic systems</li> <li>Energy charge</li> <li>Heat transfer</li> <li>Vapours</li> <li>Ideal gases</li> <li>Thermodynamic processes</li> <li>Work transfer</li> </ul> </li> </ul>			
Prerequisites	None Required None			
Course content	<ul> <li>Thermodynamics:         <ul> <li>Thermodynamic properties</li> <li>Thermodynamic energy</li> <li>Thermodynamic systems</li> <li>Energy charge</li> <li>Heat transfer</li> <li>Vapours</li> <li>Ideal gases</li> <li>Thermodynamic processes</li> <li>Work transfer</li> </ul> </li> </ul>			
Teaching methodology	Lecture			
Bibliography	Greek: Ψυκτικές και Κλιματιστικές Εγκαταστάσεις – 1 <sup>st</sup> Edition, 2011 – Ίδρυμα Ευγενίδου Φυσική – 1 <sup>st</sup> Edition, 2012 – Ίδρυμα Ευγενίδου			

	English:
	Basic Engineering Thermodynamics 5 <sup>th</sup> Edition – Rayner Joel – Addison Wesley Longman
Assessment	Written exam
Language	Greek and English

Course title	Mechanical Science				
Course code	Addendum 4				
Course type	Compulso	Compulsory			
Year / Semester	1 <sup>st</sup> Year /	Semester 1			
ECTS	3	Lectures / week	10	Laboratories / week	
Course purpose and objectives	kn	<ul> <li>Mechanical science which is deemed necessary to obtain the depth of knowledge required under various competence of Section A-III/1 and section A-III/2 of the STCW Code</li> </ul>			
Learning outcomes	<ul> <li>Demonstrate a knowledge and understanding of:         <ul> <li>Statics</li> <li>Velocity and the effect of change of direction</li> <li>Friction</li> <li>Hydrostatics</li> <li>Hydraulics</li> </ul> </li> </ul>				
Prerequisites	None		Require	d None	
Course content	• M(	echanics: <ul> <li>Statics</li> <li>Dynamics</li> <li>Hydrostatics</li> <li>Hydraulics</li> </ul>			
Teaching methodology	Lecture				
Bibliography	English:	1 <sup>st</sup> Edition, 2012 – Ίδρυμα Iechanics for Marine Engin	·		- Reeds

Assessment	Written exam
Language	Greek and English

Course title	Industrial Chemistry				
Course code	Addendum 5				
Course type	Compulso	bry			
Year / Semester	1 <sup>st</sup> Year /	Semester 1			
ECTS	2	Lectures / week	10	Laboratories / week	
Course purpose and objectives	kn	dustrial chemistry which is lowledge required under va ction A-III/2 of the STCW C	arious com	•	
Learning outcomes	• De				
Prerequisites	None Required None				
Course content	<ul> <li>Industrial chemistry:         <ul> <li>Chemical fundamentals</li> <li>Acidity/alkalinity</li> <li>Corrosion</li> <li>Water testing and treatment</li> <li>Introduction to fuels and lubricants</li> </ul> </li> </ul>				
Teaching methodology	Lecture				
Bibliography	Greek: Χημεία – 1 <sup>st</sup> Edition, 1996 – Ίδρυμα Ευγενίδου Ναυπηγία – 2 <sup>nd</sup> Edition, 1991 – Ίδρυμα Ευγενίδου Ναυτικοί Ατμολέβητες – 1 <sup>st</sup> Edition, 2002 – Ίδρυμα Ευγενίδου Καύσιμα Λιπαντικά – 3 <sup>rd</sup> Edition, 1995 – Ίδρυμα Ευγενίδου English:				

	Chemistry 3 <sup>rd</sup> Edition – Rob Lewis, Wynne Evans – Palgrave Macmillan
Assessment	Written exam
Language	Greek and English

Course title	Computer Applications					
Course code	Addendum 6					
Course type	Compulso	ory				
Year / Semester	1 <sup>st</sup> Year /	Semester 1				
ECTS	0.5	Lectures / week	10	Lab	ooratories / week	
Course purpose and objectives		omputer skills which are de nd maintain computers on b		essar	ry to setup, use, tro	oubleshoot
Learning outcomes		nderstanding of the basic function of the basic function of the basic function of the basic for the basic formation of the basic formatio		• •		•
Prerequisites	None		Require	d N	lone	
Course content	<ul> <li>Ha</li> <li>Ne</li> <li>Pe</li> <li>W</li> <li>Of</li> <li>Ex</li> <li>Ke</li> <li>Pr</li> <li>Fil</li> <li>Im</li> <li>E-</li> </ul>	<ul> <li>Hardware maintenance and troubleshooting</li> <li>Networking</li> <li>Peripherals</li> <li>Windows basics</li> <li>Office suite basics</li> <li>External storage media</li> <li>Keeping backup files</li> <li>Protection against malware</li> </ul>				
Teaching methodology	Lecture					
Bibliography	Greek: Πληροφο	Greek: Πληροφορική – Ηλεκτρονικοί Υπολογιστές, Ευγενίδειο Ίδρυμα, Αθήνα 2007				

	English:			
CompTIA IT Fundamentals Study Guide – Sybex				
	CompTIA A+ Complete Deluxe Study Guide – Sybex			
Assessment	Written exam			
Language	Greek and English			

Course title	Risk Asse	Risk Assessment			
Course code	E1	E1			
Course type	Elective				
Year / Semester	2 <sup>nd</sup> Year /	Semester 4 or 3 <sup>rd</sup> Year / Se	emester 5		
ECTS	-	Lectures / week	6	Li	aboratories / week
Course purpose and objectives		prough understanding of ris risk assessment models.	sk assessn	nen	t and the ability to utilize
Learning outcomes	● Ur	<ul> <li>Understanding risk assessment terminology</li> </ul>			
Prerequisites	None		Require	d	None
Course content	<ul> <li>Ke</li> <li>Ri:</li> <li>Pr</li> <li>Ri:</li> <li>W</li> <li>Ele</li> <li>Ha</li> <li>De</li> <li>Ri:</li> <li>Ri:</li> </ul>	troduction to risk assessme ey terms sk assessment models inciples of risk assessment sk assessment practice hen to assess ements of risk assessment azard identification etermining the risk sk control action plan sk aversion uman factors			
Teaching methodology	Lecture				

Bibliography	Risk Assessment handbook			
Assessment	Written exam			
Language	Greek and English			

Course title	Incident I	Incident Investigation				
Course code	E2	E2				
Course type	Elective					
Year / Semester	2 <sup>nd</sup> Year /	Semester 4 or 3 <sup>rd</sup> Year / Se	emester 5			
ECTS	-	Lectures / week	6	Laboratories / week		
Course purpose and objectives		prough understanding of in events, and identifying the		g major accidents and o	other high	
Learning outcomes	<ul><li>Ak</li><li>Ak</li><li>Ur</li></ul>	<ul> <li>Understanding how incidents happen</li> <li>Ability to plan investigation processes</li> <li>Ability to gather evidence</li> <li>Understanding the impact of human factors</li> <li>Ability to identify root causes</li> </ul>				
Prerequisites	None	None Required None				
Course content	<ul> <li>Ind</li> <li>Th</li> <li>Ini</li> <li>Ga</li> <li>Idd</li> <li>Re</li> <li>Im</li> </ul>	<ul> <li>Introduction to incident investigation</li> <li>Incident investigation procedures</li> <li>The role of the media</li> <li>Initial procedures</li> <li>Gathering statements and evidence</li> <li>Identifying failures</li> <li>Requirements of the ISM Code</li> <li>Impact of human factors</li> <li>Root cause analysis techniques</li> </ul>				
Teaching methodology	Lecture					
Bibliography	Incident investigation handbook					
Assessment	Written e	xam				

Language
----------

Course title	Recognizi	Recognizing Signs of Mental Health Issues					
Course code	E3	E3					
Course type	Elective						
Year / Semester	2 <sup>nd</sup> Year /	Semester 4 or 3 <sup>rd</sup> Year / Se	emester 5				
ECTS	-	- Lectures / week 8 Laboratories / week					
Course purpose and objectives	facilitatin		ngs about	signs of mental health problems, mental health and having sensitive f mental health problems.			
Learning outcomes	th • Kn • Ab ab	<ul> <li>their mental health</li> <li>Knowledge of how to start a conversation about mental health</li> <li>Ability to recognize the difference between non-performance due to ability/skills and when mental illness plays a part</li> </ul>					
Prerequisites	None		Require	d None			
Course content	<ul> <li>Identifying changes in behavior or mood</li> <li>Identifying changes in effectiveness at work</li> <li>Identifying inability to focus or make decisions</li> <li>Identifying changes in eating habits</li> <li>Starting a conversation about mental health</li> <li>Classification of mental disorders</li> <li>Description and signs of anxiety disorders</li> <li>Description and signs of psychotic disorders</li> <li>Description and signs of eating disorders</li> </ul>						
Teaching methodology	Lecture						
Bibliography	Guidelines to Shipping Companies on Mental Health Awareness (National Maritime Occupational Health and Safety Committee)						
Assessment	Written e	xam					

Language Greek a	nd English
------------------	------------

Course title	Cultural A	Cultural Awareness				
Course code	E4	E4				
Course type	Elective					
Year / Semester	2 <sup>nd</sup> Year /	Semester 4 or 3 <sup>rd</sup> Year / Se	emester 5			
ECTS	-	Lectures / week	6	Laboratories / week		
Course purpose and objectives	and comp them und	e the necessary knowledge betent in dealing with the n lerstand that cultural divers ajor risk that endangers sh	nulti-cultu sity or mul	ral environment on shi Iticultural manning doe	os, and help	
Learning outcomes	● Ur ● Ur	<ul> <li>Understanding how cultural awareness work</li> <li>Understanding how cultural awareness can be evaluated</li> </ul>				
Prerequisites	None		Require	d None		
Course content	<ul> <li>The practice of multicultural and multilingual manning and the risks it engenders in the shipping industry</li> <li>Culture, awareness and cross-cultural constructs</li> <li>Culture in maritime work environment</li> <li>Defining and modeling cultural awareness</li> <li>Conceptual model of cultural awareness</li> <li>limitations of cultural awareness</li> <li>Challenges and recommendations for the enhancement of cultural awareness</li> </ul>					
Teaching methodology	Lecture					
Bibliography	Tackling the Challenges of Multicultural Crewing Practices in the Shipping Industry: An Approach to Enhancing Cultural Awareness Among Crew (World Maritime University)					
Assessment	Written exam					
Language	Greek and	Greek and English				

Course title	Preventio	Prevention of Sexual Harassment				
Course code	E5	E5				
Course type	Elective					
Year / Semester	2 <sup>nd</sup> Year /	/ Semester 4 or 3 <sup>rd</sup> Year / Se	mester 5			
ECTS	-	Lectures / week	6	Laboratories / week		
Course purpose and objectives	of behavi as well as	le the necessary knowledge iors, calling attention to what is to identify the potential ris is a harassment prevention	at is and is sks that ind	n't appropriate in the v dividuals and organizat	workplace,	
Learning outcomes	<ul> <li>Understanding the actions that constitute harassment</li> <li>Understanding victim's legal rights</li> <li>Understanding the necessity to stand up for victimized co-workers</li> <li>Understanding risks that individuals and organizations face when sexual harassment prevention fails or is ignored</li> </ul>					
Prerequisites	None		Required	d None		
Course content	<ul> <li>Demographics of global seafarers</li> <li>Sexual harassment in a multi-cultural workplace</li> <li>Legal approaches to sexual harassment</li> <li>Risk factors for sexual harassment</li> <li>The internationalization of maritime employment and the prohibition of sex discrimination</li> <li>Laws and regulations, policies and programmes</li> <li>Reporting and investigating complaints</li> <li>Promoting a culture of gender equality on board</li> </ul>					
Teaching methodology	Lecture					
Bibliography	Sexual harassment and women seafarers: The role of laws and policies to ensure occupational safety & health (Laura Carballo Pineiro, Momoko Kitada - ScienceDirect)					
Assessment	Written exam					
Language	Greek and	Greek and English				

Course title	Resilience	Resilience				
Course code	E6					
Course type	Elective					
Year / Semester	2 <sup>nd</sup> Year /	Semester 4 or 3 <sup>rd</sup> Year / Se	emester 5			
ECTS	-	Lectures / week	8	La	aboratories / week	
Course purpose and objectives	the impro	e the necessary knowledge ovement of crew's capacity sional challenges or events	to succes	sfull	ly deal with stressful	
Learning outcomes	● Kn ● Ur	<ul> <li>Knowledge of anxiety-reduction techniques</li> <li>Understanding the importance of engaging in constructive self-disclosure</li> </ul>				
Prerequisites	None	None Required None				
Course content	<ul> <li>Ke</li> <li>Ta</li> <li>Ta</li> </ul>	<ul> <li>Change as a part of living</li> <li>Keeping things in perspective</li> <li>Taking decisive action</li> <li>Taking care of your self</li> <li>Dealing with crisis</li> </ul>				
Teaching methodology	Lecture					
Bibliography	Seafarer's Resilience Ability to Cope with Stress (Nurita Widianti - European Journal of Human Resource Management Studies)					
Assessment	Written exam					
Language	Greek and	d English				

Course title	Cyber Security
Course code	E7
Course type	Elective
Year / Semester	2 <sup>nd</sup> Year / Semester 4 or 3 <sup>rd</sup> Year / Semester 5

ECTS	-	Lectures / week	8	Laboratories / week
Course purpose and objectives	To provide the necessary knowledge of the principles and key practical aspects of effective maritime cyber security risk management.			
Learning outcomes	<ul> <li>Knowledge of the current and forthcoming regulatory requirements</li> <li>Understanding sources of potential cyber security threats and vulnerabilities</li> <li>Ability to conduct a cyber security risk assessment for the organization</li> <li>Ability to identify risk mitigation strategies and control options</li> </ul>			
Prerequisites	None		Require	d None
Course content	<ul> <li>Cyber security and risk management</li> <li>Identifying threats</li> <li>Identifying vulnerabilities</li> <li>Assessing the likelihood</li> <li>Impact assessment</li> <li>Risk assessment</li> <li>Developing protection measures</li> <li>Developing detection measures</li> <li>Establishing contingency plans</li> <li>Respond to and recover from cyber security incidents</li> </ul>			
Teaching methodology	Lecture			
Bibliography	The Guidelines on Cyber Security Onboard Ships (BIMCO, Chamber of Shipping of America, Digital Containership Association, International Association of Dry Cargo Shipowners (INTERCARGO), InterManager, International Association of Independent Tanker Owners (INTERTANKO), International Chamber of Shipping (ICS), International Union of Marine Insurance (IUMI), Oil Companies International Marine Forum (OCIMF), Superyacht Builders Association (Sybass) and World Shipping Council (WSC))			
Assessment	Written exam			
Language	Greek and English			